

Queens County Fall 2023-2024 - 5 Sessions or More
Course

Basic Astronomy and the Total Solar Eclipse of 2024

Bridge - Basic Beginner Bridge

Circuit Training #1

Circuit Training #2

Computer: iPad Advanced Topics

Craft Beer Appreciation

Dante's Inferno

Drawing: Fundamentals of Drawing

Gardening in the Spring and Fall

History of Art from 1400 to Today

How the Human Body Works in Health and Disease Part 1

Introduction to Tai Chi

Painting Watercolours: Beginner

Painting: Art Studio

Painting: Watercolour Studio

Photography I: Camera Basics

Poetry for Pleasure

Politics and Government: Canada, PEI, and the United States

Scottish Country Dancing

Selected Short Stories of Katherine Mansfield

Sequel to Fabric of Your Life: The Five Cycles of Change

Six Weeks to Better Scrabble

Writing From Life

Yoga - Gentle Mat Yoga

Yoga - Gentle Yoga for Seniors

Yoga - Yoga Nidra

Facilitator

Ron Perry

Marion Morrison

Angela Marchbank

Angela Marchbank

David L. Cairns

Mike Hogan

John Westlie

Julia Purcell

Heidi Riley

Sheilagh Quaile

Paula Gauthier

Bob Likely

Marion Copleston

Dawn Riley

Marion Copleston

Winston Maund

Julie Dowling

Shawn Murphy

Brenda Porter

Cindy Lapeña

Sinikka Dixon

Lisa Kessler

Dianne Morrow

Karina Boswell

Mike Fagan

Angela Marchbank

Planned Location

UPEI - Health Sciences Building - HSB 105

Cornwall Civic Centre

UPEI - Chi-Wan Young Sports Centre

UPEI - Chi-Wan Young Sports Centre

UPEI - Health Sciences Building - HSB 103

Upstreet Taproom

Royalty Centre

Riverview Community Center

North Shore Community Centre

ON-LINE

Holland College Charlottetown Campus

North Shore Community Centre

Cody Banks Arena - Maple Room

Cody Banks Arena - Maple Room

Cody Banks Arena - Maple Room

Robert Cotton Centre

UPEI - Don and Marion McDougall Hall - MCDH 215

Beaconsfield Carriage House

Beaconsfield Carriage House

Stratford Emergency Services Centre

Cornwall Town Hall

Cornwall Civic Center - 29 Cornwall Road

Park Royal United Church

ON-LINE

North Shore Community Centre

UPEI - Chi-Wan Young Sports Centre

Queens County Fall 2023-2024 - 4 Sessions or Fewer
Course

A Book a Movie (and some food)

Action Plan on Climate Change

Art Gallery Tour and introduction to permanent collection - October 25 and April 24

Facilitator

Krystal Dionne

Peter Nishimura

Kevin Rice

Planned Location

Charlottetown Library Learning Centre

Beaconsfield Carriage House

Confederation Centre of the Arts

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| Art Gallery Tour and introduction to permanent collection - October 27 and April 26 | Kevin Rice | Confederation Centre of the Arts |
| Canada's Smartest Kitchen - Site Tour 1 | Adrienne Montgomery | Canada's Smartest Kitchen |
| Canada's Smartest Kitchen - Site Tour 2 | Adrienne Montgomery | Canada's Smartest Kitchen |
| Cards: Samba, Island Style | Shirley Pierce | Stratford Emergency Services Centre |
| Confederation Centre - Page to Stage | Andrea Surich | Confederation Centre of the Arts |
| Cultivating Positivity - A GEBIS (Great Enlightenment Buddhist Institute Society) Happy Co | Andy Gallant | Royalty Centre |
| Cultural Diversity of PEI | Lisa Dollar | ON-LINE |
| Down By the Bay | Clare Martin | Glenaladale House |
| Finance Saving, Investing and Protecting Your Money for Older Adults | Blair Corkum | Royalty Centre |
| Financial Wellness for Seniors - Each One, Teach One Program | Doug Geldert | Royalty Centre |
| First Aid Basics | Dawn Campbell | Island First Aid Services |
| Historic Tours: Farmers' Bank, Doucet House, St. Augustine's Church and Barachois Inn | Arnold Smith | The Farmers Bank of Rustico and Doucet House Museums |
| How to Operate a Heat Pump | Angus Birt | Beaconsfield Carriage House |
| Identity Theft and Fraud Protection - Each One, Teach One Program - | Doug Geldert | Royalty Centre |
| Introduction to Genealogy: Where do I start? - Crapaud | Robert Pierce | Crapaud Community Hall |
| Introduction to Genealogy: Where do I start? - Stratford | Robert Pierce | Stratford Emergency Services Centre |
| Introduction to Machine Quilting | Suzanne Lane | Quilting B & More |
| Map and Compass | Ron Pringle | Beaconsfield Carriage House |
| Meeting the Artist A Studio visit - Mary Robertson | Mary Robertson | Mary Robertson Artist Studio |
| Mi'kmaq History and Protocols | Julie Pellissier-Lush | Beaconsfield Carriage House |
| Science, History and Adventure in the Rugged North | David K. Cairns | Crapaud Community Hall |
| Strong Bones | Emma Moore | ON-LINE |
| The First World War | Gregg Gallant | Beaconsfield Carriage House |
| Three Hundred Years of Treaty Making in Canada | Theresa Redmond | Beaconsfield Carriage House |
| Tour of Charlottetown Airport | Doug Newson | Charlottetown Airport |
| Understanding Hearing Loss (with speechreading Introduction) - Level 1 | Nancy MacPhee | Stratford Emergency Services Centre |
| Visit with the Buddhist Nuns at GWBI | . Great Wisdom Buddhist | Great Wisdom Buddhist Institute |
| Visit with the Buddhist Nuns at GWBI - Tour #2 | . Great Wisdom Buddhist | Great Wisdom Buddhist Institute |
| Winery Tour: Matos Winery & Distillery | Jaime Matos | Matos Winery & Distillery |
| Queens County Winter 2023-2024 - 5 Sessions or More | | |
| Course | Facilitator | Planned Location |
| Bridge - Basic Beginner Bridge | Marion Morrison | Cornwall Civic Centre |
| Craft Beer Appreciation | Mike Hogan | Upstreet Taproom |

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| Drawing: Fundamentals of Drawing (on-line) | Julia Purcell | ON-LINE |
| Fly Tying for Beginners | Marg Gray | Park Royal United Church |
| French for Beginners | Donna Lavoie | Carrefour de l'Isle-Saint-Jean |
| Introduction to Tai Chi | Bob Likely | North Shore Community Centre |
| Island History | Judy Rose | Stratford Emergency Services Centre |
| Island Way of Life through Industries | Tory Kennedy | Beaconsfield Carriage House |
| Painting Watercolours: Beginner | Marion Copleston | Cody Banks Arena - Maple Room |
| Painting: Art Studio | Dawn Riley | Cody Banks Arena - Maple Room |
| Painting: Mixed Media | Marion Copleston | Cody Banks Arena - Maple Room |
| Painting: Watercolour Studio | Marion Copleston | Cody Banks Arena - Maple Room |
| Photography II: Making the Image | Winston Maund | Robert Cotton Centre |
| Sharing our Research | Donald Moses | ON-LINE |
| Short Stories of Stephen Leacock | Cindy Lapeña | Stratford Emergency Services Centre |
| Textiles: A World History | Sheilagh Quaile | ON-LINE |
| Queens County Winter 2023-2024 - 4 Sessions or Fewer Course | Facilitator | Planned Location |
| Criminal Law and the Court Process | Aidan Sheridan | Beaconsfield Carriage House |
| Curling: Learn to Stick Curl | Tory Kennedy | Crapaud Curling Club |
| Dance: Line Dancing | Hiromi long | Sherwood Recreation Hall |
| First Aid Basics | Dawn Campbell | Island First Aid Services |
| Introduction to Machine Embroidery | Roberta Giddings | Stratford Emergency Services Centre |
| Introduction to Machine Quilting | Suzanne Lane | Quilting B & More |
| Introduction to the Makerspace | Chloe Colwill | Charlottetown Library Learning Centre |
| PEI Human Rights Act and Commission | Ann-Marie sheen | Royalty Centre |
| Protecting PEI Water Resources for Present and Future Generations | Andrew Lush | ON-LINE |
| Three Hundred Years of Treaty Making in Canada | Theresa Redmond | Beaconsfield Carriage House |
| Queens County Spring 2023-2024 - 5 Sessions or More Course | Facilitator | Planned Location |
| Art in Photography from Impressionism to abstracts | Lynne Murphy | Royalty Centre |
| Circuit Training #1 | Angela Marchbank | UPEI - Chi-Wan Young Sports Centre |
| Circuit Training #2 | Angela Marchbank | UPEI - Chi-Wan Young Sports Centre |
| Computer: iPad Advanced Topics | David L. Cairns | UPEI - Health Sciences Building - HSB 103 |

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| Friday Afternoon at the Movies | Dave Schneider | UPEI - SDU Main - SDMB 117 and KC Irving - ICC 104 |
| Gardening in the Spring and Fall | Heidi Riley | North Shore Community Centre |
| How the Human Body Works in Health and Disease Part 2 | Paula Gauthier | Holland College Charlottetown Campus |
| Introduction to Origami Art | Ayumi Coward | Cody Banks Arena - Maple Room |
| Origami Art (Level 2) | Ayumi Coward | Cody Banks Arena - Maple Room |
| Painting: Art Studio | Dawn Riley | Cody Banks Arena - Maple Room |
| Photography II: Making the Image | Winston Maund | Robert Cotton Centre |
| Selected Short Stories of W. Somerset Maugham | Cindy Lapeña | Stratford Emergency Services Centre |
| Six Weeks to Better Scrabble | Lisa Kessler | Cornwall Civic Centre |
| Sociological View of the Bond between People, Plants and Animals | Sinikka Dixon | Cornwall Town Hall |
| Writing From Life | Dianne Morrow | Park Royal United Church |
| Yoga - Gentle Yoga for Seniors | Mike Fagan | North Shore Community Centre |
| Yoga - Yoga Nidra | Angela Marchbank | UPEI - Chi-Wan Young Sports Centre |

Queens County Spring 2023-2024 - 4 Sessions or Fewer
Course

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|--|---------------------|-------------------------------------|
| Art Gallery Tour and introduction to permanent collection - October 25 and April 24 | Facilitator | Planned Location |
| Art Gallery Tour and introduction to permanent collection - October 27 and April 26 | Kevin Rice | Confederation Centre of the Arts |
| Cards: Samba, Island Style | Kevin Rice | Confederation Centre of the Arts |
| Climate Change - Impacts and Programs for Islanders | Shirley Pierce | Stratford Emergency Services Centre |
| Cultivating Positivity - A GEBIS (Great Enlightenment Buddhist Institute Society) Happy Course | Emily VanInderstine | Beaconsfield Carriage House |
| Drones within Reach | Andy Gallant | Stratford Emergency Services Centre |
| First Aid Basics | David K. Cairns | Crapaud Community Hall |
| Map and Compass | Dawn Campbell | Island First Aid Services |
| Meditation - A GEBIS (Great Enlightenment Institute Society) Happy Course. | Ron Pringle | Beaconsfield Carriage House |
| Understanding Hearing Loss (with more Speechreading) - Level 2 | Michael Gaudet | Stratford Emergency Services Centre |
| Understanding Hearing Loss (with speechreading Introduction) - Level 1 | Nancy MacPhee | Stratford Emergency Services Centre |
| | Nancy MacPhee | Stratford Emergency Services Centre |

Prince County Fall 2023-2024 - 5 Sessions or More
Course

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| Chalk Pastel on Sanded Paper | Facilitator | Planned Location |
| Meteorology | Joan Savage | Marguerite Bourgeoys Centre |
| | Gerald Reichheld | Eptek Art & Culture Centre |

Prince County Fall 2023-2024 - 4 Sessions or Fewer

| Course | Facilitator | Planned Location |
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| Finance - Estate and Related Financial Planning for Older Adults | Blair Corkum | Eptek Art & Culture Centre |
| Guided Tour: International Fox Museum and Summerside Interpretive Centre | Sara Zilke | Summerside Interpretive Centre and PEI Fox Museum |
| Historic Tour: Acadian Museum of PEI | Noella Richard | Acadian Museum |
| Historic Tour: Wyatt House Museum/Lefurgey Cultural Centre | Sara Zilke | Lefurgey Cultural Centre and Wyatt House Museum |
| Quilts of Covid Exhibit Tour | Shirley Pierce | Eptek Art & Culture Centre |
| Prince County Winter 2023-2024 - 5 Sessions or More | | |
| Course | Facilitator | Planned Location |
| Computer: Key Components of Notebook/Tablet Usage | Angie Perry | Holland College Summerside |
| Fascism: A History | Andrew Richardson | ON-LINE |
| Prince County Winter 2023-2024 - 4 Sessions or Fewer | | |
| Course | Facilitator | Planned Location |
| Behind the Scenes - History and Success of ADL | Gail Ellis | ADL |
| Historic Tour: Acadian Museum of PEI | Noella Richard | Acadian Museum |
| Prince County Spring 2023-2024 - 5 Sessions or More | | |
| Course | Facilitator | Planned Location |
| Beginner - Oil or Acrylic Painting | June Ellis | Little Red School House |
| Prince County Spring 2023-2024 - 4 Sessions or Fewer | | |
| Course | Facilitator | Planned Location |
| Historic Tour: Acadian Museum of PEI | Noella Richard | Acadian Museum |
| Introduction to Geocaching FUNDamentals | William Parker | Marguerite Bourgeoys Centre |
| Meditation - A GEBIS (Great Enlightenment Buddhist Institute Society) Happy Course | Michael Gaudet | Eptek Art & Culture Centre |
| Kings County Fall 2023-2024 - 5 Sessions or More | | |
| Course | Facilitator | Planned Location |
| Classic Musicals from Stage and Screen | Brenda Dewar | Dewars Montague Bed and Breakfast |
| Eight Operas in Eight Weeks | Brenda Dewar | Dewars Montague Bed and Breakfast |
| Rug Braiding | Charlotte Conrad | Montague Legion |
| Yoga - Gentle for Active Seniors | Wendy Chappell | Atlantic Fitness East |

Kings County Fall 2023-2024 - 4 Sessions or Fewer

Course
Book Club
Christmas Stockings
Release & Relax - The Roll Model®Method of Self Care
Sleeping: Building Solid Sleep Patterns

Facilitator
Lucy Robson
Charlotte Conrad
Wendy Chappell
Wendy Chappell

Planned Location
What's Good Cafe
Montague Legion
Atlantic Fitness East
Atlantic Fitness East

Kings County Winter 2023-2024 - 5 Sessions or More

Course
Classic Musicals from Stage and Screen
Dance for Fun and Fitness
Eight Operas in Eight Weeks
Rug Braiding
Yoga - Gentle for Active Seniors

Facilitator
Brenda Dewar
Wendy Chappell
Brenda Dewar
Charlotte Conrad
Wendy Chappell

Planned Location
Dewars Montague Bed and Breakfast
Atlantic Fitness East
Dewars Montague Bed and Breakfast
Montague Legion
Atlantic Fitness East

Kings County Winter 2023-2024 - 4 Sessions or Fewer

Course
Book Club
Breathing: Our Breath as a Powerful Tool for Self Care
Smittens (sweater mittens)

Facilitator
Lucy Robson
Wendy Chappell
Charlotte Conrad

Planned Location
What's Good Cafe
Atlantic Fitness East
Montague Legion

Kings County Spring 2023-2024 - 5 Sessions or More

Course
Rug Braiding
Yoga - Gentle for Active Seniors

Facilitator
Charlotte Conrad
Wendy Chappell

Planned Location
Montague Legion
Atlantic Fitness East

Kings County Spring 2023-2024 - 4 Sessions or Fewer

Course
Release & Relax - The Roll Model®Method of Self Care
Rossignol Estate Winery Tour
Visit to GEBIS Little Sands Monastery
Walking Well: The Basics

Facilitator
Wendy Chappell
John Rossignol
Mary Lynn McCourt
Wendy Chappell

Planned Location
Atlantic Fitness East
Rossignol Estate Winery
GEBIS Little Sands Monastery
Atlantic Fitness East